

## CLAIMS

I claim:

1. A punching bag and exercise mat combination device comprising:
  - a base having a bottom wall, a top wall and a peripheral wall extending between and being attached to said bottom and top walls such that a substantially watertight interior of said base is defined, said base having an inlet conduit extending into said interior, a peripheral lip being attached to and extending upwardly from a juncture of said peripheral wall and said top wall;
  - a central member being selectively positionable on said top wall and extending upwardly therefrom, said peripheral lip extending around a lower portion of said central member such that said central member is supported in vertical orientation;
  - a panel having a first end edge, a second end edge, an upper edge and a lower edge, said panel comprising a cushioning material, said panel having a size and shape such that said panel may be extended around said central member such that said first and second end edges are positioned adjacent to each other;
  - a fastening assembly being attached to said panel for releasably fastening said first end edge to said second end edge; andwherein said interior of said base may be selectively filled with a liquid.
2. The device of claim 1, further including said base having a drainage hole extending through said peripheral wall, a plug member being

positioned in said drainage hole for selectively opening or closing said drainage hole.

3. The device of claim 1, said peripheral wall being angled inward from said bottom wall to said top wall.

4. The device of claim 1, wherein said central member includes a lower wall, an upper wall and a perimeter wall extending between and being attached to said lower wall and said upper wall, said perimeter wall having a plurality of wells extending therein, a plurality of punching targets each including a rod attached thereto, each of said rods being selectively extendable into one of said wells.

5. The device of claim 4, wherein each of said wells has a threaded surface, each of said rods being threaded for threadably coupling with said threaded surfaces of said walls.

6. The device of claim 1, wherein said fastening assembly including a flap being attached to and extending away from a length of said first side edge, a first mating portion being attached to said flap, a second mating portion being attached to said panel and being positioned adjacent to said second side edge, wherein said first mating portion may be selectively attached to said second mating portion, said first and second mating portions comprising a hook and loop fastening assembly.

7. The device of claim 1, further including a securing assembly being attached to said panel and said peripheral lip for releasably securing said panel to an upper edge of said peripheral lip.

8. The device of claim 4, further including a securing assembly being attached to said panel and said peripheral lip for releasably securing said panel to an upper edge of said peripheral lip.

9. A punching bag and exercise mat combination device comprising:

- a base having a bottom wall, a top wall and a peripheral wall extending between and being attached to said bottom and top walls such that a substantially watertight interior of said base is defined, said peripheral wall having an inlet conduit extending through said top wall and into said interior, a peripheral lip being attached to and extending upwardly from a juncture of said peripheral wall and said top wall, a drainage hole extending through said peripheral wall, a plug member being positioned in said drainage hole for selectively opening or closing said drainage hole, said peripheral wall being angled inward from said bottom wall to said top wall, said peripheral lip having an inner diameter having a generally circular shape;

- a central member being selectively positionable on said top wall and extending upwardly therefrom, said peripheral lip extending around a lower portion of said central member such that said central member is supported in vertical orientation, said central member including a lower wall, an upper wall and a perimeter wall extending between and being attached to said lower wall and said upper wall, said perimeter wall having a plurality of wells extending therein, each of said wells having a threaded surface, said central member having a substantially cylindrical shape;

a plurality of punching targets each including a rod attached thereto,  
each of said rods being selectively extendable into one of said  
wells, each of said rods being threaded for threadably  
coupling with said threaded surfaces of said walls;

a panel having a first end edge, a second end edge, an upper edge  
and a lower edge, said panel comprising a cushioning  
material, said panel having a size and shape such that said  
panel may be extended around said central member such that  
said first and second end edges are positioned adjacent to each  
other;

a fastening assembly being attached to said panel for releasably  
fastening said first end edge to said second end edge, said  
fastening assembly including a flap being attached to and  
extending away from a length of said first side edge, a first  
mating portion being attached to said flap, a second mating  
portion being attached to said panel and being positioned  
adjacent to said second side edge, wherein said first mating  
portion may be selectively attached to said second mating  
portion, said first and second mating portions comprising a  
hook and loop fastening assembly;

a securing assembly being attached to said panel and said peripheral  
lip for releasably securing said panel to an upper edge of said  
peripheral lip; and

wherein said interior of said base may be selectively filled with a  
liquid.